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**Lemak Health Welcomes New Physician in Chelsea**

*Primary Care Sports Medicine Physician, Dr. Calvin A. Spellmon, Jr., Now on Board*

**CHELSEA, ALABAMA- August 24, 2016-** Lemak Health welcomes a new physician to its Chelsea location. Dr. Calvin A. Spellmon, Jr. joined the practice August 1, 2016. Fellowship trained in Primary Care Sports Medicine, Dr. Spellmon will be working to serve the South Shelby County area as a resource for Primary Care and Sports Medicine.

Dr. Spellmon is board certified in Pediatrics and Primary Care Sports Medicine. Prior to attending medical school, he obtained his Bachelor of Science in Biology from Dillard University in New Orleans, Louisiana, before completing his Post Baccalaureate research program at Meharry Medical College in Nashville, Tennessee. He continued medical school at Meharry Medical College and completed his Pediatric Residency at University of New Mexico in Albuquerque. Dr. Spellmon most recently completed his Primary Care Sports Medicine fellowship at Campbell Clinic Orthopaedics in Memphis, Tennessee.

Dr. Spellmon joins during a period of growth for Lemak Health. The company is rebranding from Lemak Sports Medicine & Orthopedics to Lemak Health. Lemak Health Chief Executive Officer, Matthew Lemak, says the move comes as the company has experienced an expansion in its patient base to include all ages from 8 to 88. "Our practice has physician specialist that see patients with various conditions. From our innovative Joint Replacement Program to non-operative Regenerative Medicine, we want our patients to know that we provide width and depth to their healthcare needs."

Dr. Mark Ricketts, internal medicine physician, is helping facilitate the expansion of services and is now seeing patients in Lemak Health's Hoover clinic. Within the past year the company has opened new clinics in Prattville and Chelsea and has plans for its Birmingham clinic to relocate to a more convenient location on Cahaba River Road, adjacent to Grandview Medical Center.

A ribbon cutting with Greater Shelby Chamber of Commerce and South Shelby Chamber of Commerce for Lemak Health Chelsea is scheduled for August 25th, 2016 at 10:30am.

Lemak Health Chelsea is located at 104 Chelsea Pointe Drive- a great location that allows the community convenient access to some of the best care in the country. To schedule an appointment with Dr. Spellmon, please call 205.453.7550 or visit [www.LemakHealth.com](http://www.LemakHealth.com).

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