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Lemak Health Welcomes New Physician in Prattville

Primary Care Sports Medicine Physician, Townes Leigh, D.O., Now on Board

PRATTVILLE, ALABAMA- December 20, 2016- Lemak Health welcomes a new physician to its Prattville location. Dr. Townes Leigh joined the practice Fall 2016. Fellowship trained in Primary Care Sports Medicine, Dr. Leigh will be working to serve the River Region as a resource for Sports Medicine.

Dr. Leigh is board certified by the American Board of Family Medicine, American Board of Osteopathic Family Physicians and American Osteopathic Association in Sports Medicine. Dr. Leigh obtained his Bachelor of Science in Chemistry from University of Tennessee at Martin. He attended osteopathic medical school at West Virginia School of Osteopathic Medicine and completed his residency at Tuscaloosa Family Medicine in Tuscaloosa, Alabama. Dr. Leigh completed his Primary Care Sports Medicine fellowship under Dr. Lawrence Lemak with Lemak Sports Medicine & Orthopedics in Birmingham, Alabama.

Dr. Leigh's areas of expertise include sports medicine, fracture care, concussion management, musculoskeletal injuries, pediatric sports injuries, ultrasound-guided injections, regenerative medicine and osteopathic manipulative therapy. He is currently the team physician for Marbury High School and Alabama State University.

Dr. Leigh joins during a period of growth for Lemak Health. The company is rebranding from Lemak Sports Medicine & Orthopedics to Lemak Health. Lemak Health Chief Executive Officer, Matthew Lemak, says the move comes as the company has experienced an expansion in its patient base to include all ages from 8 to 88. "Our practice has physician specialist that see patients with various conditions. From our innovative Joint Replacement Program to non-operative Regenerative Medicine, we want our patients to know that we provide width and depth to their healthcare needs."

Within the past year, the company has opened new clinics in Prattville, Chelsea and the Birmingham clinic will relocate to a more convenient location on Cahaba River Road, adjacent to Grandview Medical Center, and be open to patients January 4, 2017.

Lemak Health Prattville is located at 2709 Legends Parkway- a great location that allows the community convenient access to some of the best care in the country. To schedule an appointment with Dr. Leigh, please call 334.310.1117 or visit www.LemakHealth.com.

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